

Identification of Child/Young Person with Emotional and/or mental health needs, Identification of WSA need

Identified Senior Mental Health Lead in Educational Settings

In School/College Consultation

Existing School Offer
EP/Counselling

Psycho-Ed groups

MHST/Getting Help
0800 038 5756
cypfamilies@alliancepsychology.com
MILD TO MODERATE MENTAL HEALTH NEEDS

External Agencies

Self-Help

Online Support
(TEWV Recovery College or Kooth)

Targeted Psych-Ed Groupwork, Anxiety, Anger, Stress

MHST/Getting Help Assessment

Parenting Interventions - PBS, IY, Home Coaching, Parent led CBT

CYP F2F CBT

Weekly Duty/Huddles with MHST/SPOC - case discussion, acceptance on pathways, joint working

TEWV CYPMH
SPOC 0300 200 00 00
GETTING MORE HELP/GETTING RISK SUPPORT FOR MODERATE TO SEVERE PRESENTATIONS

TEWV All Age Crisis
0300 020 0317