

COUNSELLING PLACEMENTS WITH ALLIANCE

About Alliance

Alliance is an independent provider of counselling, psychotherapy and other psychological services based in Stockton and operating across the North East. We provide therapeutic services in Primary Care, Community, Workplace and children's services. We have a team of more than 150 employees which includes Managers, qualified Counsellors Psychotherapists, Clinical Psychologists and PWP's. Within our NHS funded primary care service, Impact on Teesside, we have a managed placement scheme for up to eight trainees annually.

Training and Qualifications

We offer placement positions to trainees who are currently undertaking a Diploma in Counselling or Psychotherapy or a course providing an equivalent level of training such as a Foundation degree or Counselling Psychology Doctorate Programme. The majority of placements are in Primary Care settings.

We normally expect that trainees will have completed, or be nearing completion of, the first year of training at this level, and will have the support of their Course Tutor in applying for the placement. Trainees are expected to have some relevant experience in working one to one with clients.

In addition, we offer Postgraduate Internship positions for therapists who have completed this level of training and who wish to gain further experience in the Primary Care setting, or who are working towards Accreditation.

Following a successful interview, trainees attend an induction programme provided by Alliance prior to beginning the placement. Trainees are also be expected to attend any relevant training offered by Alliance during the period of this placement.

Hours and working requirements

Trainee contracts will be for a minimum of 4 hours weekly to include clinical work, admin, supervision and meetings.

We provide in-house supervision in a group setting. This supervision meets BACP guidelines for placements but may not meet all training organisation needs. We are not able to offer individual supervision and trainees may need to make additional arrangements themselves.

Code of Ethics

The trainee must be a current member of an appropriate professional body, and work to their Code of Ethics and Practice. It is the responsibility of the trainee to maintain their professional membership throughout their placement.

Conditions of Placement

There will be a written agreement between the trainee counsellor and Alliance. This lays down the process for effectively managing the trainee's placement. Placements and Internships are offered subject to the terms and conditions in these agreements.

In line with other professions such as nursing, medicine and social work, the trainee should not expect or accept payment for work carried out in their placement whilst undertaking initial clinical training.

Next Steps

If you are interested in obtaining a training placement or internship with our organisation, please complete an application form and return it to info@alliancepsychology.com.