



YOS HEALTH HARTLEPOOL OFFER

SUPPORTING PARENTS AND CARERS

WHO IS IT FOR?

Aimed at families with children and young people aged between 10-18 years who may be at risk of, or who are involved with criminal activity, either as victims and/or perpetrators.

WHAT TO EXPECT

- Following referral one of our therapists will contact you for an informal discussion (within 10 working days of receipt).
- An assessment date will be agreed with the parent/carer (within 10 working days). Any assessments already conducted by YOS, will be built upon to identify the therapeutic interventions that will be most beneficial.
- An outcome of assessment letter will be provided (with consent). This will contain a summary of the assessment and will include recommendations for next steps and estimated waiting times.
- Therapists will liaise with Youth Offending and Designated YOS health professionals throughout their involvement. Therapists can also attend multi agency reviews and planning meetings where this is seen to be of benefit to the family.
- At the end of therapy, the therapist will complete a discharge report which will summarise their involvement, demonstrate impact and share any future recommendations.

SUPPORT AND APPOINTMENTS

A wide range of therapeutic interventions are available, including: Counselling, Cognitive Behavioural Therapy and Systemic Family Practice.

Support can be offered for both pre-court and post-court proceedings.

Appointments are usually offered on a face-to-face basis either in the family home or local Children's Centres and Family Hubs.

Telephone and remote sessions will also be available as and when required.

HOW TO REFER?

Youth Offending Officers and Designated Health staff can access consultation with a named therapist (based in Windsor Road office 2 days per week) to discuss therapeutic need and most appropriate pathways.

A triage assessment by the Youth Offending Worker may be accepted for young people committing low level offences where a decision has been made to divert the young person from criminalisation of these offences through preventative and restorative approaches.

Referrals will also be accepted for young people being dealt with by Teesside Court and who have been given:

- o Referral Order – 3-18 months
- o Youth Rehabilitation Order – 6-24 months
- o Custodial Sentence – following this

