**MHST Website Copy**

*Please copy and paste the below information about our Mental Health Support Team (MHST) to your school website’s wellbeing page and/or parent and carer information page.*

*It is important that this information is displayed on your website to raise awareness that an MHST is offering support in your school and provide details of how parents, carers and young people are able to access this.*

*To provide further information, you may wish to add the PDF resources within the ‘WEBSITE’ folder or the graphic within the ‘SOCIAL MEDIA’ folder. We have also provided an example of how this information may be displayed on the webpage.*

*Please amend the text in red with your setting’s relevant details.*

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| **Primary School**  | “Our school is working with Alliance Psychological Services’ Mental Health Support Team (MHST). MHSTs are part of a government initiative that aims to expand access to mental health care for children and young people and have three core functions: * to deliver evidence-based interventions for mild-to-moderate mental health issues;
* support the [senior mental health lead](https://www.gov.uk/guidance/senior-mental-health-lead-training) (where established) in each school or college to introduce or develop a [whole school or college approach](https://www.gov.uk/government/publications/promoting-children-and-young-peoples-emotional-health-and-wellbeing) and;
* give timely advice to school and college staff, and liaise with external specialist services to help children and young people to get the right support and stay in education.

(Visit <https://www.england.nhs.uk/mental-health/cyp/trailblazers/> for more information)Alliance MHST provide support through the prevention and early intervention of mental health problems. They also help to strengthen links between our school and external mental health services as they work in partnership with Tees, Esk and Wear Vally NHS Foundation Trust, CAMHS Professionals and Local Authority/Early Help services. If you think your child would benefit from support, please speak to our school’s Senior Mental Health Lead (insert details of your senior mental health lead here). Parents and carers can also request help by completing an online self-referral, available at <https://www.alliancepsychology.com/young-people/support-request/>” |
| **Secondary School**  | “Our school is working with Alliance Psychological Services’ Mental Health Support Team (MHST). MHSTs are part of a government initiative that aims to expand access to mental health care for children and young people and have three core functions: * to deliver evidence-based interventions for mild-to-moderate mental health issues;
* support the [senior mental health lead](https://www.gov.uk/guidance/senior-mental-health-lead-training) (where established) in each school or college to introduce or develop a [whole school or college approach](https://www.gov.uk/government/publications/promoting-children-and-young-peoples-emotional-health-and-wellbeing) and;
* give timely advice to school and college staff, and liaise with external specialist services to help children and young people to get the right support and stay in education.

(Visit <https://www.england.nhs.uk/mental-health/cyp/trailblazers/> for more information)Alliance MHST provide support through the prevention and early intervention of mental health problems. They also help to strengthen links between our school and external mental health services as they work in partnership with Tees, Esk and Wear Vally NHS Foundation Trust, CAMHS Professionals and Local Authority/Early Help services. If you think you/your child would benefit from support, please speak to our school’s Senior Mental Health Lead (insert details of your senior mental health lead here). Parents, carers and young people aged 13 and over can also request help by completing an online self-referral, available at <https://www.alliancepsychology.com/young-people/support-request/>” |
| **College** | “Our college is working with Alliance Psychological Services’ Mental Health Support Team (MHST). MHSTs are part of a government initiative that aims to expand access to mental health care for children and young people and have three core functions: * to deliver evidence-based interventions for mild-to-moderate mental health issues;
* support the [senior mental health lead](https://www.gov.uk/guidance/senior-mental-health-lead-training) (where established) in each school or college to introduce or develop a [whole school or college approach](https://www.gov.uk/government/publications/promoting-children-and-young-peoples-emotional-health-and-wellbeing) and;
* give timely advice to school and college staff, and liaise with external specialist services to help children and young people to get the right support and stay in education.

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